

Catholic Athletic Association Guidelines

Student Athletes' Responsibilities

- Players must serve as positive examples by exercising self-control and good sportsmanship
- Always shake hands with players on the other teams at the conclusion of all games. It also is traditional to shake hands at the beginning of games.
- Players must accept both victory and defeat with pride and compassion.
- Pray before each game asking the Lord's help in all participants giving their full effort and keeping from serious injuries.
- Never cheer when a player on the opposing team gets hurt, makes a mistake, or does not score.
- Offer a hand to help a fallen player to get up off the floor or field.
- Do not respond negatively to negative behavior displayed by any member of the opposing team or any spectators. The provocation may not be noted by officials, but your reaction may be noted by officials and result in critical penalties for you and your team.